KINROSS CYCLING CLUB

Loch Leven Time Trial

Thursday 26th August 2010



12.6 miles – 20km

The 3rd and final Loch Leven Time Trial in the KCC's 2010 summer series.
A good turn out of 12 riders on a beautiful late summer evening. No rain! No wind!
Not sure why times are slower that previous months as I felt conditions were near perfect.
Ken and Lachlan the only 2 riders to compete in at 3 times trials...well done!!
9 riders completed two events which are required for an overall series placing.
All riders posted respectable times…..Time trialing is all about your own time not anybody else's. It's a great way to monitor your fitness and hopefully give your lungs and legs a hard work out. However, Robbie was pleased to beat Gillian. At first I thought this was sad but in retrospect I would have been pleased to beat Gillian who has being riding well this year and just seems to be getting stronger and faster as the weeks go on. Ken O was easily the quickest but then again it is slightly unfair as he is the oldest member in the club and obviously has more miles in his legs. Ken still holds the course record which stands at 33.00mins. New man John G showing that he will be a force to be reckoned with in future events. Great to see a bit of youth giving it a go and Jake you will be missed when you go back down to the big smoke in October. Alan C, what a difference 4 seconds can make! but it certainly was not for the lack of trying. All of you did really well and your support for this clubs venture is appreciated. Grant Y did really well despite having to wait an age and have nobody to chase. Still an excellent ride and better then many in the club could achieve. Stewart H put down a good marker but hopefully one that he can beat in future. I suspect Lachlan and Angus missed the drafting opportunities on this event and I suspect Trevor's first TT was somewhat of a shock to the system.

See you on the summer hill climb comp on 5th September.



Keep spinning

John M *time keeper and commissaries and chief flag raiser*

Thanks to Ken O for his stability in pushing off…

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RESULTS

3rd of 3 of summer series

Pos	Name	Surname	Gen	Cat	Time	July's LLTT	June's LLTT
1	Ken	Ogilvie	M	Vin	35.12	1 - 33.00	1 - 36.18
2	John	Gallacher	M	SnV	36.07		
3	Robbie	Sanghra	M	Sn	36.32		2 – 36.56
4	Gillian	Corsie	F	Vet	36.33		5 – 37.55
5	Alan	Corsie	M	Vet	36.35		3 – 37.18
6	Angus	McCulloch	M	V	37.01	3 - 35.35	----
7	Jake	Dobson	M	Sn	37.27		
8	Lachlan	MacLean	M	Sn	37.57	2 - 34.28	6 - 38.02
9	Trevor	Keer	M	Vin	38.07		
10	Stewart	Herd	M	Sn	40.03		
11	Grant	Young	M	Sn	40.50	4 - 39.27	----
12	John	McKay	M	Sn	41.50		10 – 44.11
	Alan	Hellier	M	Sn		5 - 41.48	9 - 43.11
	Paul	Zarb	M	Vet			8 – 43.07
	Roddy	Pattison	M	Sn			7 – 38.16
	Sandy	Bennet	m	Vet			4 – 37.41