

# Regional Update

## Spring 2017



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### Scottish Cycling North East Events & Series

I am looking for feedback from clubs and riders in the Region as to what types of series and racing you would like to see.

Currently Grampian have the road race series, which is going from strength to strength and in Fife there is the Fife Cycling Association mid week Time Trial League.

Within Scottish Cycling we are looking to encourage more participants in to cycling and if we can get them to pit on a race number even better. Youths and women are the two areas we are specifically targeted with increasing. Look under Go-Ride development for information on Youths.

I have put forward a proposal for a Handicap Time Trial Series. The aim of this is to encourage participation, by using the handicap system it means that ALL riders have a chance of winning. It aims to encourage riders to take part. Any feedback has been appreciated and I intend to run this as it is. If changes need to be made for 2018 they can be, but I think it important to make a start.

Series events:

9 <sup>th</sup> April	25 mile-Spring Bunny	Grampian
9 <sup>th</sup> April	25 mile-Mackie Tankard	Fife
9 <sup>th</sup> May	10 mile-FCA Mid Week	Dundee
18 <sup>th</sup> June	50 Mile-Alistair Speed	Fife
2 <sup>nd</sup> July	10 mile-Ian Brodie	Grampian
16 <sup>th</sup> July	10 mile -Stuart Turvey	Fife
30 <sup>th</sup> July	50 mile-Coffee Pot	Grampian
6 <sup>th</sup> Aug	10 mile	Fife

Riders will take their best points from 6 of the events included in the series. The series has been deliberately spread amongst the events throughout the North East.

The added bonus of completing one of the events at each distance is that riders will qualify for the Scottish Cycling Best All Rounder competition.

If there are other suggestions for Series or Regional Championships, your comments will be considered.

## Spreading the news

Could clubs please add

[communications@scottishcycling.org.uk](mailto:communications@scottishcycling.org.uk) to your mailing lists, SC can then spread news from clubs throughout Scotland.

Most communications go directly to the club secretary or person affiliating your club team. If you or someone else should be the primary contact please let me know.

## Lochgelly

The closed circuit loop at Lochgelly has now received all the permissions and funding required for the project to proceed.

Contractors have been appointed and the build is expected to start shortly and should take 22 weeks to complete. Hopefully we will get a nice summer that will aid the construction process.

Kirsteen Torrence (Fife Council & Filles a Velo) and John McComisky have already undertaken a number of consultation meetings with the local cycling clubs and community groups.

There have been a number of productive discussions about access and usage, this includes suggestions and ideas for events programming.

The full maximum length of the circuit will be 1600m, with a couple of options to allow different portions of the circuits to be used for separate groups, training or racing.

It's an exciting time for cycling in Scotland to have the first bespoke closed circuit loop. Scottish Cycling have been involved along the way and look forward to supporting its usage for all forms of cycling activity.

# Coaching & Education

*Coaching and education of volunteers and officials underpins everything we are trying to achieve*

## **MyLaps Timing System**

12 inductees had an introduction into the use of the MyLaps timing system. Mark Young led the session in Aberdeen, giving an oversight on the operation and usage of the system. A number of you will know Mark MyTiming.com who has been at numerous events over the last few years. If you've raced with a chip on, chances are that Mark was recording your progress at some point. As Well as Marks services, Discovery JCC have a full kit with a 100 chips that can be hired for events.

In the 21<sup>st</sup> Century the processing of results should really be in line with the expectations of riders, although riders should appreciate they need to pay for this, not the organiser! It helps raise the standards and expectations of professionally run events.

## **Commissaires 2017**

Thanks to the Commissaires who have responded and helped cover the skinny tyre events in the Region. I will shortly put together another google poll for the second half of the year.

A number of Commissaires attended the Road CPD held in Aberdeen and Perth. It is good practice to attend these sessions and certainly BC are watching to see who the active Commissaires are to ensure that standards are maintained and improved where needed.

Along with the Commissaires Conference, yes it does need a time commitment, but these sessions are very informative and should be major consideration for current Commissaires or potential new ones.

## **Time Trail Commissaires Course**

Still waiting for British Cycling to confirm the trial of the TT Comms course, if you are interested doing this course and haven't responded please email Ashley at [volunteers@scottishcycling.org.uk](mailto:volunteers@scottishcycling.org.uk)

## **Coaching Courses**

There have already been a number of coaching courses this year, congratulations to all who have attended and passed. Details of future courses are shown below.

Course	Day 1	Day 2	Day 3	BC REF	SC Region	Location	Venue
Level 2	03-Jun	04-Jun	03-Sep	1668	West	Glasgow	Emirates Arena
Level 1	03-Jun	10-Jun	N/A	1677	South West	Dumfries	Maxwelltown High School
Level 2 Road	10-Jun	11-Jun	N/A	1678	East & Central	East Lothian	Dalkeith High School
Level 1	17-Jun	24-Jun	N/A	<a href="#">1676</a>	North East	Perth	North Inch Campus
Level 2 MTB	08-Jul	09-Jul	N/A	1663	North	Aviemore	Glenmore Lodge
Level 2 BMX	29-Jul	30-Jul	N/A	1664	West	Glasgow	Broadwood
Level 2 CX	02-Sep	03-Sep	N/A	1675	East & Central	Falkirk	Callendar Park

## **Who are you?**

*If you are a British Cycling member, it is important that you check and keep you personal details up to date on the Members control panel.*

*There has been a lot of work done to identify and confirm local officials, Road Commissaires and Timekeepers. In a number of instances there has been no response, this can be due to an old or invalid email address.*

*Could you please take a few minutes to check your details. If we get no response there is a likelihood that you will be taken off the lists.*

ROUND 8  
**ABERDEEN**  
THURSDAY 25 MAY



FOR MORE INFORMATION VISIT  
[TOURSERIES.CO.UK](http://TOURSERIES.CO.UK)

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If you are available to help support the running of the races we having running, that would be appreciated. Setting up from 11:00 with racing for the kids starting at 1:00. If you are able to assist, please let me know. This is a big investment by the City into Cycle sport, lets show them how proactive the local clubs and region are.

### ***Time Keepers Course***

*We are looking at running a Time Trial  
Timekeepers course in the North East shortly.  
Anyone interested should let me know asap. The  
first course, due to confirmed demand will be in  
the Grampian area*

### ***Road Commissaires Course***

*There will be a road Commissaires course  
shortly in Glasgow on Sunday 28<sup>th</sup> May.  
Please contact  
[volunteer@scottishcycling.org.uk](mailto:volunteer@scottishcycling.org.uk) if  
interested*

## **Road & TT Commissaires**

*Below is a list of CONFIRMED R&TT Commissaires in the North East. Please check the names, if you think you should be on it please let me know, if you see any obvious omissions again please let me know.*

Graham	Barclay
Isobel	Smith
Stuart	Allan
Kenneth	Anderson
Andrew	Bruce
Leonard	Coutts
John	Green
Martin	Harris
Neil	Kininmonth
David	Martin
Ian	Orr
Brian	Sproul
Kirsteen	Torrance
Paul	Winter
Yvonne	Winter
Paul	Zarb
Christopher	Gray
Kara	Griffiths
Malcolm	Hastie
David	Reed
Dennis	Speight
David	Walton

*Waiting for response from:*

Sam	Crymble
Philip	Duncan
Paul	Gallacher
Andrew	Leith
Trevor	Ward

## **Timekeepers**

*Below is a list of CONFIRMED Timekeepers in the North East. Please check the names, if you think you should be on it please let me know, if you see any obvious omissions again please let me know.*

Alan	Solway
Anna	Fairweather
Audrey	Walker
Brian	Goulay
Brian	Sproul
Dave	Walton
David	Bean
David	Martin
Finlay	Strivens
Flora	Mason
Ian	Condie
Ian	Anderson
Irene	Pokora
Isobel	Smith
Jayne	Harris
John	Bremner
Kenny	Anderson
Malcolm	Hastie
Martin	Harris
Mhairi	Laffoley
Neil	Kininmonth
Robert	Gibson
Robert	Hill
Stephen	King
Trevor	Keer
Wayne	Roberts
William	McLennan
Andrew	Harrington

*Waiting for response from:*

Derek	Dobbins
Gordon	Shaw
James	Reid
Jon	Strachan
Stephen	Vaughan