

**Results of the
Kinross Cycle Club inaugural end of season Hill Climb Competition.**

Sunday 9th November 2008

The 2 mile climb starts from the gates of Nivingsten House near Cleish and climbs for 2 miles to the car park at Loch Glow. The climb is very varied with an initial steep section and plenty of twists and turns to hide the degree of steepness to come. The road has a switch back to guarantee that at some stage there should be a battle with the wind and there are sections when gear changes are required so that a degree of speed can be achieved. However, short steep sections at 1½ miles catch those who have gone off too quickly and the decision when to stand on the pedals and push is critical. This is a long hill climb and the final sprint to the line requires that a small amount of energy is held back in reserve to keep the pedals spinning for a fast finish.

23 hardy soles ventures out on a very wild November morning.

The conditions were exceptionally wet with a blustery breeze. The ferocious wind was swirling in ever changing directions making the ascent extremely challenging. The slippery road had puddle from the overnight rain and the autumn leaves made sections greasy. Riders were set off in minute intervals and the results of the main category winners are show below. A big thank you goes to Christine for accurate time keeping.

The day was finished of with a sporting ride around Loch Leven trying to race ever darkening clouds without success.

Position	Name	Cat	Time
1	Ken Ogilvie	Vintage	12 min 23 sec
2	Roddy	Vet	13 min 11 sec
3	John Myerscough	Super Vet	14 min 00 sec
4	Matt	Senior	15 min 05 sec